



The Branch of Nashville strives to build a community where everyone can thrive by nourishing, educating and equipping our neighbors. We utilize our food pantry to provide nutritious food, our English language learner classes to help connect people to the community, and our comprehensive care program to meet others on a relational level, listening to their needs and walking with them on their journey to holistic well being.



Our Older Adult Care Program desires to connect aging neighbors with resources that will enhance their quality of life. We know that there can be additional obstacles to daily living as we grow older, but because of our partnership with the West End Home Foundation, we have had the opportunity to focus on specific needs of our most vulnerable neighbors. We have been able to establish a home delivery program for those 60 years and older that cannot get to our location to access our services. We deliver food to over 90 older adult neighbors each month using volunteers, many who are over 60 years old themselves, driving over 100 miles. One of our delivery clients, Kathryn, needed help with the state of her house. The inside was cluttered and a major trip hazard. She had hip surgery that made her physically unable to do any cleaning and her front yard was overgrown with weeds blocking the path to her door. We were able to meet with her to establish what resources we could use to help her move forward in a more safe environment. A team of volunteers came to clear her yard of brush and overgrowth, and cleaning was done to the inside to provide her a safer place to call home.



With the help of WEHF, we have also been able to provide social events for our older adult neighbors to participate in, connecting them to their community in a tangible way. As we have seen in our society today, connection with others is essential to the mental and emotional well being of each person, especially those who are isolated due to lack of transportation, medical conditions, or lack of close family and friends. Our monthly social events as we call “Meet n Greet” are an opportunity to learn new things, be creative, get active, eat yummy food and make new friends. Our neighbors can even get a ride from our Branch van in order to attend the event, making it accessible to anyone. This has really helped our friend Jackie who wanted to stay active in the community, but has had a few health issues that made it harder to get around. She loves her time at the Branch where she fills up her tank on food, fun and fellowship, which is making a difference one day at a time.



Within the Older Adult Program we also have retired neighbors, wanting to do more with their time. This large group of volunteers called our “Core Volunteers” will serve over 15 hours a week in our pantry to help make what we do at the Branch possible. Whether it’s stocking shelves, sorting products, greeting clients, cooking for ELL students or delivering food to other older adults, they are given purpose in caring for others with the support given to them by The Branch.



Without the support of our friends at West End Home Foundation we would not be able to reach so many people with love and compassion in such a tangible way. We look forward to more ways that we can walk alongside the people in this community to create pathways to thriving.